

September 25, 1995



Linda S. Kahl, Ph.D.
Office of Special Nutritionals
Center for Foods Safety and Applied Nutrition
Food and Drug Administration
200 "C" Street, S.W. (HFS-455)
Washington, D.C. 20204

Dear Dr. Kahl:

Pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994, Kaire International, Inc. wishes to notify the Food and Drug Administration that it has, within the past 30 days, commenced marketing a dietary supplement which bears a statement of nutritional support.

The Dietary supplement for which the statement is made is Korean Ginseng (*Panax ginseng*). The statement of nutritional support reads as follows:

Korean Ginseng's anti-fatigue properties are due to its ability to spare muscle glycogen (sugar) in exercising muscles.

This statement is accompanied by the required disclaimer which is prominently displayed in boldfaced type.

This statement of nutritional support are based on a large body of data which, in our judgment, renders these statements substantiated, truthful and nonmisleading.

Sincerely,
KAIRE INTERNATIONAL, INC.


Nick A. Mangeris
President

SEP 29 17:47 '95

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OFFICE OF SPECIAL
NUTRITIONALS, HFS-450

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